

# INSPIRED

OCTOBER 2009

## WELCOME

Spring is upon us and plants are in full swing and in the spot light. At this time of the year we all feel the primeval urge to embrace nature and fill our indoor spaces with plants.

In this issue of *Inspired* we review the latest in indoor plants research from the University of Technology, Sydney. Read in our article **“Just 3 Plants for Clean Indoor Air”** how a few plants in an office can make a huge difference to indoor air quality.

Our popular article **“Latest in Planters”** features the Pure Square planter, from Elho in the

Netherlands, now available in Australia.

This Spring issue our regular article **“Before and After”** features Delissio restaurant & bar in Curtin, where Green Inspiration have provided a fresh spring makeover.

Future issues of *Inspired* will include the most fashionable indoor plants on the market and the latest trends in indoor plant lifestyle products, as seen by experts in the industry.

We trust you find this issue inspirational and look forward to providing you with more *Inspired* articles in the future.



Green Inspiration at Delissio restaurant & bar

## JUST 3 PLANTS FOR CLEAN INDOOR AIR

**“three small plants ... to cleanse the air”**

In a recent study performed at the **University of Technology Sydney**, tests have been conducted to measure the effect that plants have on indoor air quality and the minimum number of plants required to have a significant effect.

Generally air pollutants consist of Carbon Monoxide (CO), Carbon Dioxide (CO<sub>2</sub>) and Volatile Organic Compounds (VOC's). This study found that less than three small plants in an office 12-15m<sup>2</sup> were required to cleanse the air of VOC's.

**“any indoor plant species is likely to work just as well”**

Also, CO<sub>2</sub> was reduced by 10-25% and CO by 90%. (Note: the amount of CO and CO<sub>2</sub> reduction is effected by the quality of the airconditioning and growing conditions of plants)

The study concluded that any indoor plant species is likely to work just as well in cleansing the air of VOC's.



Photo: [www.elho.com.nl](http://www.elho.com.nl)

Source: “How indoor plants improve health and wellbeing, research update, Margaret Burchett, Fraser Torpy & Jason Brennan. July 2009

## LATEST IN PLANTERS



The **Pure Square** by Elho is an exclusive line of pots made from high quality Polyethelene plastics which are:

- 100% UV resistant
- Unbreakable
- Lightweight
- Produced in an Environmentally friendly manner

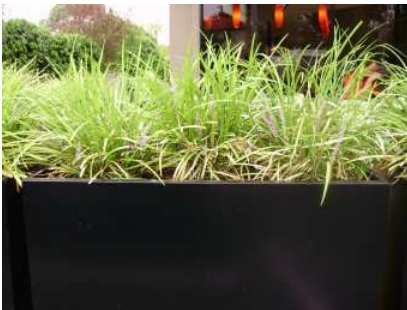
Pure Square brings the beauty of modern architecture and nature into your indoor space.

To find out more contact Green Inspiration on (02) 6296 3029 .

Source: [www.elho.com.nl](http://www.elho.com.nl)



## BEFORE & AFTER



Delissio restaurant & bar at Curtin required a revamp of their planter boxes at the front entrance.

The existing plants did not provide a fresh and healthy appearance year round and the client required plants that performed in every season.

Dianella "Cassa Blue" was chosen for its hardiness and modern shape & form.

As you can see from the photo, the new plants are neat and fashionable and also have the benefit of being frost and drought tolerant.